Terms of Service

By using this website, you agree to the following terms:

1. Use of Website Content

All content on this website is for **information only**. It does not act as therapy, diagnosis, or medical advice.

2. Therapy Services

Therapy is offered only once we have agreed to work together and both signed the therapy agreement.

Using the website or contacting me does not create a therapeutic relationship.

3. Fees & Payments

All therapy fees are listed on the Fees page and may be updated occasionally. Payment is due in advance of each session unless otherwise agreed.

4. Cancellations

Cancellations with less than **48 hours' notice** are chargeable at the full session fee (unless otherwise agreed in writing).

5. Email & Online Security

While I take reasonable precautions to protect electronic communication, I cannot guarantee the security of emails or online forms. Please avoid sending highly sensitive information via email.

6. Third-Party Links

I am not responsible for the content of external links or resources.

7. Intellectual Property

All written content is the intellectual property of **Blue Inspire Therapy** and may not be copied or reproduced without permission.

8. Governing Law

These terms are governed by UK law.